

Reconnective Healing[®]: Sham or Modality of Informational Medicine?

Deveron Long

April 26, 2011

My first introduction to Reconnective Healing[®] and the topic of informational medicine came in 2009 while watching a case study of Dr. Eric Pearl on the film *The Living Matrix* (Becker & Becker, 2009). In the interview Dr. Pearl explained the circumstances that surrounded the miraculous healing of five-year-old Dimitri who had been born with cerebral palsy. Dimitri's parents, who had tried all conventional methods, refused to believe the doctors who told them that Dimitri would likely never walk or function normally. He wore braces on his legs and had limited mobility; his right hand, which remained in a closed fist, was useless.

At the suggestion of family friends, Dimitri's parents brought him to a Reconnective Healing[®] seminar and waited until the seminar was over to speak personally with Dr. Pearl. They requested a private healing session for Dimitri. Although the auditorium was emptying of participants and would be closed shortly, Dr. Pearl agreed to a short healing session. With less than a 10 minute-exposure to Reconnective Healing[®], a hands-off modality, Dimitri got off the massage table and was running and jumping up and down the stairs of the auditorium. His parents were astounded. Dr. Pearl agreed to a second session the following day, and when Dimitri arrived, he showed Dr. Pearl his right hand and exclaimed excitedly, "Look! I can open my hand! It doesn't hurt anymore. I can hold a glass and drink all by myself." The healing had continued in the absence of the healer. During this particular healing vignette, Dimitri was filmed at a playground running, climbing on the monkey bars, navigating the maze of tunnels and ropes, all the while unassisted and wearing no braces. Although his right hand wasn't fully functional yet, according to his mother, he was able to use both hands to climb and hold objects in routine day-to-day functions.

Although I was deeply touched by this story of Dmitri's healing, I was highly skeptical. The entire topic of 'healing' as opposed to 'medicine' was completely foreign to me. The only healers I had ever seen were the evangelical healers on the late night religious stations (the religious equivalent to WWE wrestling). I had never heard of energy healing modalities such as Reiki, Qigong, Jin Shin Jyutsu, and Therapeutic Touch. It is no wonder that I harbored deep reservations about the credibility of any type of healing performed outside a medical facility. Even as I watched *The Living Matrix* (which I viewed multiple times), I was repeatedly dumbfounded at the list of prominent professionals that were featured in the film: Marilyn Schlitz, PhD, President of IONS; Bruce Lipton, PhD, cell biologist; Edgar Mitchell, PhD, founder of the Institute of Noetic Sciences; Fritz-Albert Popp, PhD, biophysicist; are just a few in a very long list which can be viewed at this link: <http://www.thelivingmatrixmovie.com/participants> . These pioneering individuals and their explanations for the need to move toward a field theory to more fully explain how the nervous system in all its complexity can coordinate everything that happens in the body made perfect sense to me. *How nice if this could be true*, I thought. The ability to self-heal was fascinating but not nearly so captivating as the thought that humanity is connected in this unifying field of conscious intention.

I decided to keep my mind open and continue to probe into this unusual topic of informational medicine. I devoured Bruce Lipton's book, *The Biology of Belief*, and Lynne McTaggart's best-seller, *The Field* (still my personal favorite), and with each new foray deeper into the wilderness of New Age quantum health, again and again I encountered Dr. Eric Pearl and his remarkable healings. He seemed to appear on every Internet radio talk show related to health, alternative medicine, and spirituality.

Although I found Pearl to be haughty, I couldn't resist his intelligent, informative style infused with humor. Obviously, I wasn't the only one since he had been invited to speak at the United Nations, had presented to a full house in Madison Square Gardens, had been featured in dozens of magazines, interviewed by numerous newspaper reporters, and radio and TV talk show hosts. I was especially intrigued to learn that Reconnective Healing[®] is not a mystical gift bestowed only on Dr. Pearl; to date Eric Pearl and his team of facilitators have taught Reconnective Healing[®] to over 60,000 people around the globe. There are no special physical or spiritual requirements to become a Reconnective Healing[®] practitioner. There are no special items, symbols, or charms needed. There are no formalized routines or procedures to memorize for Reconnective Healing[®]. (There is a formalized anatomical routine to be mastered for those interested in The Reconnection[®], a completely separate modality, which will be discussed later in the paper.) In fact, Dr. Pearl strongly believes that *he* doesn't heal anyone, and neither will anyone that learns this modality. He believes the healer is invited to be part of the healing. "Healing is a decision reached between the patient and the universe" and the healer, whose primary task is to listen, is simply the catalyst (Pearl, 2001, p. 113).

Is it possible that I, too, could be a catalyst? I found myself asking this question a great deal that year. I would not allow myself to entertain the possibility of being a healer, per se, but Dr. Pearl's words about being invited into the healing played teasing loops in my mind. I finally read Dr. Pearl's book, *The Reconnection – Heal Others, Heal Yourself*, and again I struggled against some of the content that seemed too farfetched. This highly successful Los Angeles chiropractor seemed fairly normal until one day on a trip to Venice Beach for lunch, his office assistant insisted he stop by the gypsy's table for a card reading. After an uneventful reading, the gypsy told him that as a healer, he really needed to have his body's axiatonal meridian lines

reconnected to the grid lines on the planet, and that she could perform this special ritual for only \$333. Eric scoffed at the thought that he would spend hundreds of dollars to have this gypsy, who gave readings from card table, trace meridian lines on his body. Yet, the next day he found himself at a nearby bookstore reading Chapter 3.1.7 of *The Book of Knowledge: The Keys of Enoch* by J.J. Hurtak as the gypsy had suggested. Dr. Pearl was fascinated with Hurtak's (1987) description of the future reconnection of mankind's axiatonal meridian lines to the grid lines that encircle the planet and serve as our interface with the universe.

In order to reconnect the biological interconnection with the higher energy planes serving higher evolutionary programming, the acupuncture lines of the old program have to be attached to "new" axiatonal lines (at their intersections) if the cellular grids are to be in harmony with all physical manifestations permitted by the governing hierarchy [Key 3.17 v. 22]. . . This is the bringing together of molecular biology with medical astronomy within programs of creation [Key 3.17 v. 23] . . . Man, at this time, is being advanced to a new biological program of creation. [Key 3.17 v. 24] (Hurtak, 1987, no page number).

Intrigued, but not fully understanding the readings of Hurtak, Eric decided to make the appointment with the gypsy for the two separate one-hour sessions at the recommended two days apart. I shall summarize the story told from Eric's book (Pearl, 2001, pp. 43-47). In her apartment on a massage table she began to trace his axiatonal lines with her fingertip. For Eric, it was an uneventful session in which he spent most of his time on the table wondering why he had given this woman so much money for such a crazy thing. That night after the first session, Eric awoke in the middle of the night when the lamp next to his bed turned itself on. He had the uncanny feeling that he wasn't alone; that he was being watched. He got out of his bed and searched the house (supposedly with a knife, his Doberman Pinscher, and a can of pepper spray), but he found no one. He convinced himself that it was all in his imagination, and he went back to bed.

The second session with the gypsy in which the body's axiatonal lines were connected to the Earth was very different for Eric. While on the table, his legs would not be still during the gypsy's work, and the unusual muscular spasms spread throughout his body. Despite the hot August day in an apartment with no air-conditioning, he became chilled and had to be wrapped in a blanket after the session until his body temperature returned to normal.

When Dr. Pearl returned to his chiropractic practice on Monday morning, seven of his regular patients who had been seeing him for nearly a decade independently reported strange new sensations during their routine adjustments. "Some asked if anyone else had come into the room, because it felt as if several people were standing around the table" (Pearl, 2001, p. 47). He was also surprised that patients were reporting that they could tell where his hands were before he touched their body. After he adjusted his patients, he would have them remain still on the table with eyes closed for a few minutes for the adjustment to set. Eric said that he could feel unusual sensations in his hands when he passed them over parts of their body, and when they got up off the table, their pains were gone. That is when the healings began—small at first—aches and pains that disappeared instantly. Then things got really weird.

One day, a regular patient of Dr. Pearl's, who is anonymously known as "Fred," was lying on the table after his adjustment. When Eric passed his hands over him, Fred's eyes darted back and forth and then rolled back into his head. Fred's mouth opened, his tongue began moving as if forming vowels, and through the hiss of air, a voice (not Fred's) emerged, channeling the following six phrases:

1. We are here to tell you to continue doing what you are doing.
2. What you are doing is bringing light and information onto the planet.
3. What you are doing is reconnecting strands.
4. What you are doing is reconnecting strings.

5. You must know that you are a master.
6. We've come because of your reputation. (Pearl, 2001, p. 70)

Both Eric and Fred were genuinely alarmed—although Fred reluctantly confessed that he had experiences of channeling in the past. This incident would have been easy for Eric to dismiss, especially since he didn't believe in such things; however, the very same six phrases were repeated independently by more than 50 of his patients over the next few months—all of whom had never channeled before and did not know each other. When the channeled information ceased, Eric was left wondering if he could deny “that something real and profound was going on” (Pearl, 2001, p. 71).

After the channelings ceased, the major healings began, healings from cancers, AIDS-related diseases, epilepsy, chronic fatigue syndrome, rheumatoid and osteoarthritis, birth disfigurements, cerebral palsy and other serious afflictions. More and more people flowed into his practice by word-of-mouth referrals, and soon the media wanted to know what was going on. Eric had no idea, but the flood of inquiries and invitations for interviews seemed to propel him down a path that would eventually lead him to the University of Arizona to address the Program of Integrated Medicine (PIM). This is where Eric met Gary Schwartz, PhD, author of *The Living Energy Universe* and head of the Human Energy Systems Department (Pearl, 2001, p. 78). Schwartz invited Eric to return to the university to do research on the healings, and he accepted.

Dr. Pearl and his team of Reconnective Healing[®] (RH) trainers have elicited interest from numerous research institutes worldwide, and ongoing research on the science behind RH is being conducted at various institutes under the guidance of renowned research scientists such as Gary Schwartz, PhD., William Tiller, PhD., and Konstantin Korotkov, PhD. (Pearl, 2011, About Eric Pearl). I am wondering if these individuals read Pearl's book, and if so, do they have any issue

with his connection to J. J. Hurtak's philosophies, the bizarre channeling of the six phrases, and the suggested Pleiadian history of man?

Despite my aversion to the weird aspects of RH, I was still intrigued by the scientific speculations used to assist Eric Pearl in his quest to legitimize this unusual healing. Numerous panel discussions held with Tiller, Schwartz, Korotkov, and Lynne McTaggart (an important panelist because she knows how to translate scientific jargon into English) clearly provided some scientific conjecture for what was now being called the Reconnective Healing Spectrum. These scientists speculate that RH spectrum is an umbrella of healing frequencies, a new bandwidth brought in via a spectrum of light and information (Pearl, 2010, Media and Press section).

Although it is outside the scope of this paper to discuss the science in depth, I shall provide a brief explanation. In most subtle energy healing modalities, “experienced healers appear to be emitting a low frequency electromagnetic field from their hands and influencing electromagnetic and bioplasmic field in and around living tissue” (Kepner, 2002, p. 2). While RH practitioners do emit electromagnetic field from their hands as suggested from the Kirlian photographs of Eric Pearl's hands taken in July 1998 (Pearl, 2010, Kirlian Photography), these scientists were perplexed by the phenomenon of proximity. Typically energy healing weakens with distance—which is why energy healers keep their hands on or near the patient's body. Eric Pearl claims that RH gets stronger with distance, suggesting that it does not behave as an energy but instead as something outside the spectrum of electromagnetic frequency. The panel of scientists suggest that RH is based on the information of the photon through biophoton emissions. Biophysicist, Fritz-Albert Popp, who discovered that every living organism emits light from its DNA, speculated that this is how information is transmitted within an organism and between all living things (McTaggart, 2001, p. 53). Popp determined that “in healthy individuals

the biophotons are extremely coherent and in rhythm with the world. In seriously ill people (i.e., cancer) they have lost their natural rhythm and coherence. The lines of communication were scrambled and they lost their connection with the world. In effect their light was going out” (Zubkewych, 2011, section 3). According to Popp, health is a state of “perfect subatomic communication” (McTaggart, 2001, p. 52). It is interesting to note that Dr. Pearl believes that the healer’s primary task is to listen—in a different way.

What you are doing is bringing light and information onto the planet. While Popp’s work is being utilized by RH advocates to support the first part of this channeled phrase, the work of Dr. William Tiller, Professor Emeritus from Stanford University, has proven to be extremely valuable in identifying the RH spectrum as something quite different than energy healing—information. In one interview, Dr. Tiller remarked openly “We’re dealing with a different kind of energy than we’ve ever known before” (Dylan, McTaggart, Pearl, Tiller, 2007). Tiller has devised a subtle energy detector which can “measure the energetic content of the space relative to normal reality as the space is being lifted by the consciousness process” (Mace and Tiller Interview, 2010). This seemed such a farfetched statement that I had to know more. I soon found myself buried in the Tiller-Einstein Model of Negative Entropy, which put as simply as possible, states that as information in a space increases, entropy (disorder) decreases. Tiller’s device—a pH-measurement system—can detect differences in thermodynamic free energy, the unused energy in a system. This can then be calculated to determine the increase in the creation process. Using this device, Tiller and his team monitored five Reconnective Healing workshops from 2006 – 2010 where several interesting phenomena were revealed and replicated:

- The space (various sites around the world where seminars were held) was already “pre-conditioned” to a higher level of reality at least six hours before the training program started. The levels increased as the trainings got underway and the healing sessions began. The

difference between the levels of the start, the peak, and the decay one-week later was significant.

- Whenever the audience was paying attention to what was going on in the training program at the podium, the thermodynamic free energy of the space went up in magnitude (increase in information). And whenever the people were standing up and walking around and talking to each other, the thermodynamic potential went down (entropy), and there was very little temperature change in the room (Tiller & Dibble, 2009; Mace & Tiller, 2010)

In an attempt to explain the complex physics-based results of these studies, Tiller stated in an interview:

Now let me give you a metaphorical way of describing it other than the scientific terms. If I have a normal unconditioned space, how much would I have to heat it to get this kind of experimental result? And the answer is I would have to heat it more than 300 degrees centigrade. However, the temperature in the room didn't change by more than 5-10 degrees centigrade.

So in essence, in the process of the Eric Pearl Reconnection Healing, it is that people are building infrastructure into themselves; therefore, information is growing in the universe, which means the thermodynamic entropy is decreasing. Nature is restoring itself. (Mace & Tiller, 2010)

What you are doing is reconnecting strands. What you are doing is reconnecting strings.

This is where my skepticism didn't want to budge. Tiller and Popp provided some credibility to the speculation behind phrase 2, but I cannot locate any substantial evidence for Pearl's theory behind phrases 3 and 4; it is all supposition. According to Pearl, the use of the word *strands* refers to the theory that humans at one time in the ancient past may have had 12 strands of DNA encoded with much more information. Pearl speculates that the Reconnective Healing spectrum and The Reconnection[®] are here on the planet to help us restructure our DNA so that we can become more multidimensional beings and experience a fuller consciousness.

According to the supposition of Pearl, the use of the word *strings* in the channeled phrase likely refers to string theory which proposes that the shape and content of the entire universe is determined by the most fundamental particles in the universe—which are not really particles at

all, but more like loops of string that vibrate at specific frequencies. (Pearl, 2001, p. 94). Humans are accustomed to operating within their own four-dimensional construction of height, width, depth, and time; however, Pearl states that “physicists working with string theory are postulating that the strings exist in anywhere from 7 to 11 different dimensions simultaneously” (Pearl, 2001, p. 94). I mention this theory of simultaneous parallel universes because the purpose of The Reconnection[®] (not to be confused with Reconnective Healing[®]) is to transform humans into more multidimensional beings. The Reconnection[®] is more than healing; it is the essence of evolution and transformation.

The sacred experience of the Reconnection[®] is a series of precise, formalized movements focused on 102 anatomical lines and points of the body. This connection is performed by a Level III Reconnective Healing practitioner in two separate one-hour sessions with at least one night of sleep between sessions. By participating in The Reconnection[®] we are able to reconnect to the axial grid lines of the Earth. Pearl’s web site mentions “At one point in time, we became disconnected from these lines and we lost the fullness of our inherent connection to the universe, distancing us from our previously rapid and expansive rate of evolution” (Pearl, 2010, Level III Seminar). Although Pearl abhors charms and other fear-based techniques, this idea to me fit right in with the healers on the Internet—the Sun Healer, the Warrior Priestess, The Living Light Foundation, the Indigo Children. I could go on and on, but I’m sure you get the picture.

After finishing Eric’s book, I filed it in the bookshelf with some reservation. What a perplexing read it had been. *Interesting, but too weird for me. He’s probably just trying to sell us something.* Despite the New Agey overtones of strings and strands, meridians, and the Christ-consciousness grid, I feel a powerful resonance with the underlying message that Eric Pearl brings to world. We don’t need to be healed or fixed because we are broken. We just need to

remember the state of wholeness that we possess. Each and every one of us has the ability to manifest health and wholeness, and as we help others remember by accessing this frequency, we heal ourselves and our Earth.

In the Summer of 2010, unable to deny the persistent tingling that emanated from my hands for many months, I finally decided to experience a Reconnective Healing[®] session from the only practitioner in my area within a 100-mile radius. Two weeks later, this penny-pinching skeptic scraped up the requisite \$333 and got reconnected. Three months later I spent five days in Los Angeles with Eric Pearl and his team of Reconnective Healers to become a certified Level I, II, and III practitioner. The visceral experience was profoundly life-changing, and I can say without a doubt that I have not been the same since. There are many amazing details I could share, but for now, all I will say is that scientists certainly don't know everything. But I do believe that Dr. Tiller is onto something—perhaps the ultimate purpose of humanity is to bring our light and information onto the planet, to live our fullest potential by transcending the fear, lack, and limitation that holds us in a state of entropy.

References

- Becker, G. & Becker, S. (2009). *The Living Matrix*. DVD. Becker Massey LLC, San Rafael, CA.
- Dylan, J., McTaggart, L., Pearl, E., Tiller, W. (2007, June 6). The Beyond Energy Show. Retrieved on June 10, 2010 from <http://www.thereconnection.com/news-press/podcasts>.
- Hurtak, J. (1987). *The Book of Knowledge: The Keys to Enoch*. Academy for Future Sciences. Excerpt of Chapter 3.17 downloaded from <http://pdfred.com/view/aHR0cDovL3d3dy5hdmFsb25yZWVbm5lY3Rpb24uY29tL3BkZi9KSI9ldXJ0YWstMy03LTEucGRm> on April 26, 2011.
- Kepner, J. (2002). Energy & the nervous system in embodied experience. Retrieved April 17, 2011, from <http://www.pathwaysforhealing.com/pdfs/Phenom%20of%20NS.pdf> [website].
- Mace, L. (Interviewer) & Tiller, W. (Interviewee). (2010). Daily Inspiration for a Juicy Living: The Tiller's Foundation Experiment on the Reconnection by Eric Pearl. Retrieved April 28, 2011, from You-Tube <http://www.youtube.com/watch?v=V4Tn38qpHhY>.
- Pearl, E. (2001). *The Reconnection – Heal Others, Heal Yourself*. Carlsbad, CA, Hay House.
- Pearl, E. (2010). The Reconnection LLC website. www.thereconnection.com
- Tiller, W., & Dibble, W. (2009). White Paper XI: An experimental investigation of some reconnection-healing workshops via a unique subtle energy detector. Retrieved April 17, 2011, from <http://www.tillerfoundation.com/White%20Paper%20XI.pdf>.
- Zubkewych, M. (2011). Whole Health Now, Section 3, Fritz-Albert Popp. Retrieved April 29, 2011, from http://www.wholehealthnow.com/homeopathy_pro/digital-3.html.